Garden Cress Extract (Lepidium sativum) – Glucotropaeolin / Benzyl Isothiocyanate 0.5–2%

Lepidium sativum · Brassicaceae

DOCUMENT	PRODUCT CODE	DOCUMENT NO.	REVISION	PRODUCT FORM
Technical Data Sheet	AP0683	TDS-AP0683	1.0 · 24 October 2026	Standardized Extract

1 Product description

Garden Cress extract is produced from the seed of Lepidium sativum (Brassicaceae family) and supplied as a standardized extract powder, standardized to Glucotropaeolin / benzyl isothiocyanate. Available grades: 0.5%, 2%. Typical sourcing: India. Intended for B2B formulation in nutraceuticals & supplements.

0.5% 2%

2 Identification

Botanical source	*Lepidium sativum* (Brassicaceae)
Common name(s)	Garden cress, Chandrashura
Plant part used	Seed
Typical origin	India
Marker compound	Glucotropaeolin / benzyl isothiocyanate (Glucosinolates & isothiocyanates)
Manufacturing process	Water and/or hydro-alcoholic (ethanol) extraction, concentration and spray-drying; the solvent system for each grade is stated on the CoA
Standardisation	0.5–2% (HPLC)
Assay method	HPLC
Pharmacopoeia & standards	Ayurvedic Pharmacopoeia of India

3 Specification

PARAMETER	SPECIFICATION	METHOD
Appearance	Brown to yellowish-brown fine powder	Visual
Odour	Characteristic	Organoleptic
Identification	Conforms (HPTLC / HPLC fingerprint vs. reference)	HPTLC / HPLC
Assay – Glucotropaeolin / benzyl isothiocyanate	Not less than the labelled grade (0.5%, 2%)	HPLC
Loss on drying	≤ 5.0%	USP ‹731›
Total ash	≤ 5.0%	USP ‹561›
Particle size	≥ 95% through 80 mesh (180 µm)	USP ‹786›
Bulk density	Report (typically 0.40–0.70 g/mL)	USP ‹616›
Residual solvents	Complies with ICH Q3C / USP ‹467›	GC-HS
Lead (Pb)	≤ 3.0 mg/kg	ICP-MS
Arsenic (As)	≤ 2.0 mg/kg	ICP-MS
Cadmium (Cd)	≤ 1.0 mg/kg	ICP-MS
Mercury (Hg)	≤ 0.1 mg/kg	ICP-MS
Pesticide residues	Complies with USP ‹561› and Regulation (EC) No 396/2005	GC-MS/MS, LC-MS/MS
Aflatoxins	B1 ≤ 2 µg/kg; sum of B1, B2, G1, G2 ≤ 4 µg/kg	HPLC-FLD

Total aerobic microbial count	≤ 10,000 cfu/g	USP ‹2021›
Yeasts & moulds	≤ 1,000 cfu/g	USP ‹2021›
Escherichia coli	Absent in 10 g	USP ‹2022›
Salmonella spp.	Absent in 25 g	USP ‹2022›
Staphylococcus aureus	Absent in 10 g	USP ‹2022›

Limits above are the standard release specification for this product class. Each lot is released against its Certificate of Analysis, which is the governing document and is available on request.

4 Grades & pack sizes

GRADE	SKU PREFIX	PACK SIZES
0.5%	AP0683-0P5	Sample (50 g) · 250 g · 1 Kg · 5 Kg · 25 Kg
2%	AP0683-2	Sample (50 g) · 250 g · 1 Kg · 5 Kg · 25 Kg

5 Packaging

- Samples: food-grade HDPE jar or aluminium-laminate pouch.
- 250 g – 1 Kg: food-grade LDPE bag sealed in an aluminium-laminate pouch.
- 5 Kg – 25 Kg: double food-grade LDPE bags in a fibre drum or HDPE pail.
- Packaging may vary by lot and is stated on the packing list.

6 Storage & shelf life

- Shelf life: 24 months from date of manufacture in the original, unopened packaging.
- Store in a cool (below 25 °C), dry place, protected from light.
- Hygroscopic: reseal immediately after use and minimise exposure to humid air.

7 Applications

Industries	Nutraceuticals & Supplements
Formulation focus	Joint & Bone Health, Women's Health
Traditional systems	Ayurveda

Use levels depend on the finished product and the target market. The customer is responsible for establishing safe and permitted use levels and for any claims made on finished products.

8 Regulatory & compliance

- Pharmacopoeia / standard references: Ayurvedic Pharmacopoeia of India.
- Allergen information: not derived from a source listed in Annex II of Regulation (EU) No 1169/2011.
- Regulatory status for food, supplement, cosmetic or pharmaceutical use (e.g. EU novel food, US NDI/GRAS, FSSAI) must be confirmed by the customer for the intended market and use.

This Technical Data Sheet is issued by CHOLAD PRIVATE LIMITED (trading as Extrakte), C 22/4, 2nd & 3rd Floor, Sector-57, Noida-201301, Uttar Pradesh, India · +91 817 8117 600 · choladco@gmail.com · extrakte.com. The information is given in good faith and reflects our current knowledge of the product; it does not constitute a warranty of properties for any specific application. Refer to the Safety Data Sheet **SDS-AP0683** for hazard, handling and transport information. Certificates of Analysis are issued per lot and are available on request.